



## Health Care Social Workers

- Are graduates from a university social work school
- Health Care Social Workers are regulated & governed by the Saskatchewan Association of Social Workers and adhere to a Code of Ethics & Standards of Practise
- Understand the stresses that arise because of illness, injury or disability
- Are resources for you and your family members
- Can provide information, advocacy, counselling and arrange services when you are in a difficult situation where you must make difficult decisions and choices.

*Social Workers – Make a Difference*

## Holistic Support

Social workers provide skilled and confidential counselling concerning:

- work issues
- family issues
- moving to residential care
- family violence
- alcohol and drug issues
- stressful or traumatic situations
- grief and loss
- feeling overwhelmed or lonely

## Practical Assistance

Social workers can connect you to:

- financial or legal assistance
- care-giving support and assistance
- spiritual care
- assistance during a hospital stay and help with your discharge
- help finding your way around the health care system
- future planning tools – advance care directives, power of attorney, etc.
- community based programs and services

