

Saskatchewan Association  
of  
Social Workers

**Private Practice Registry  
of  
Registered Social Workers  
in  
Saskatchewan**



January 2010

## Introduction

This Registry is a listing of registered social workers in private practice in Saskatchewan. Application to be listed in the Registry is voluntary.

The *Saskatchewan Association of Social Workers* is the professional association for social workers. As a member of the Canadian Association of Social Workers, there are national requirements for social work practice which include adherence to the *Code of Ethics* and Standards for Ethical Social Work Practice.

For over 40 years, SASW has been an integral part of the social and health services network in Saskatchewan. By advocating for regulation of social work practice, the Association's goals are to protect the public, to ensure competence, and to be accountable.

The Saskatchewan Registry of Social Workers in Private Practice is one mechanism to assist in ensuring ethical and competent professional social work services.

SASW is responsible for receiving complaints about unprofessional social work practice. All written concerns are investigated by the Professional Conduct Committee.

## Definition of Terms

Private practitioners are social workers who, wholly or in part, are engaged in the independent practice of social work without the benefit of supervision provided by an employer or board of directors. They are solely responsible for their actions in whatever field they practice (i.e. clinical practice, social work administration, social work research, social work education, and contract work).

(Reprinted from SASW Standards for the Private Practice of Social Work, 2008)

## Criteria

### **Criteria for Registration of Private Practitioners**

SASW maintains a Registry of Private Practitioners as part of the Association's mandate under the *Social Workers Act*. Membership on the Registry is voluntary. Applications for membership are reviewed by the Registrar and the Chair of the Standards of Practice Committee. The names of approved applicants are placed on the Registry by the Registrar.

In all cases, social work experience refers to a position in which the primary professional designation is social work OR for which a social work credential was required or optional.

The following is required in making an application:

- (a) To substantiate an applicant's social work credential, a transcript issued directly to SASW from the academic institution which awarded /conferred the degree, unless this has already been provided to SASW.
- (b) Current registration in good standing as a social worker (RSW) in the Province of Saskatchewan, and who has been a registered social worker for at least three consecutive years in Saskatchewan or elsewhere, immediately prior to making application.
- (c) A criminal records check current to within six (6) months of the date of application, and a report of any pending criminal charges. In addition, applicants will indicate whether they have ever been found guilty or convicted of a criminal offence in any jurisdiction.
- (d) A plan that identifies arrangements for supervision of the applicant's practice or for consultation regarding practice with a description of how the plan will be implemented.
- (e) Proof of current professional liability insurance.

### **Additional Criteria for Registration with Master of Social Work Degree (MSW):**

- (a) Four (4) or more years of paid supervised post-MSW social work experience. Applicants must demonstrate that their experience relates to their proposed field of private practice.

- (b) Three written references by registered social workers who can provide direct knowledge of the most recent four years of the applicant's professional practice, and who are currently not employed by and are not in partnership with the applicant.

### ***Additional Criteria for Registration with Bachelor of Social Work Degree or Bachelor of Indian Social Work Degree (BSW/BISW)***

- (a) Eight (8) or more years of paid supervised post BSW/BISW social work experience of which 75% of the time must have been supervised social work experience. Applicants must demonstrate that their experience relates to their proposed field of private practice and that their social work experience has been "outstanding" and "exceptional". This experience will be evaluated in the areas of demonstrated competence, knowledge and skills in the field of practice.
- (b) Three written references by registered social workers who can provide direct knowledge of the most recent four years of the applicant's professional practice, and who are currently not employed by and are not in partnership with the applicant. These references will be asked to comment on the applicant's level of competence and to evaluate the applicant's knowledge, skill and competence in their field of professional practice.

### ***Ongoing Obligations For Those Admitted To The SASW Private Practice Registry***

- (a) A social worker engaged in private practice who is on the Registry must identify herself/himself as a professional social worker to her/his clients, associates, referral agents, and the public by way of RSW designation. In addition, social workers in private practice must be prepared to identify to their clients and the public their academic and professional qualifications.
- (b) Applicants / members of the Registry shall maintain malpractice liability insurance. Proof of insurance must be submitted annually.
- (c) Members of the Registry shall commit to the use of ongoing professional supervision from a member of the Association and be prepared to submit proof of consultation if requested by the Registrar.
- (d) Members of the Registry shall submit an "annual update" at the time of paying RSW fees.

### ***Additional Training***

Private practitioners, who include in their practice, areas where they received training other than from a school of social work, must provide documentation substantiating their education in the area and/or their supervised experience in the area. This would include, but is not limited to training such as hypnotherapy, sexual therapy, somatic training and Reiki. ***The quality of the additional training that is reported is not examined by SASW. Further, SASW does not warrant or make any representation as to a practitioner's expertise in an area where this type of identified additional training has been reported.***

### ***Grandparenting***

The application criteria for this Registry were amended by the SASW Council in October, 2008. Those already included earlier in 2008 are able to continue with their private practice registration even if they do not meet the revised criteria so long as they do not have a break in their Registry registration. If a break in the registry registration occurs, the private practitioner would be required to meet the criteria in place at that future time.

## ARBUTHNOTT, Dennis

**Date Approved:** November 1998

**Degrees:** BSc., BA (Honours), MA (Clinical Psychology)

**Address:**

Arbuthnott & Associates  
#201 – 2631 – 28<sup>th</sup> Avenue  
Regina, SK S4S 6X3  
Phone: (306) 522-1800  
Fax: (306) 522-1801  
Email: dennisarbuthnott@hotmail.com

**Principal Services:**

- ▼ addictions
- ▼ adolescents/families in crisis
- ▼ relationship counselling
- ▼ stress education
- ▼ managing illness & pain
- ▼ imagery in therapy
- ▼ organizational consultation
- ▼ conflict resolution

**Services Offered To:**

- ▼ individuals
- ▼ couples
- ▼ families
- ▼ organizations

**Age Group Served:**

- ▼ adolescents
- ▼ adults

**Additional Training**

- ▼ Redecision & Family of Origin Therapy
- ▼ EMDR
- ▼ Addictions
- ▼ MSB approved therapist

**Description of Practice:**

Offers generalized practice of psychotherapy & counselling. Practice is a combination of therapy & consultation with a wide variety of individuals and organizations.

**Language:** English

## BEHNSEN, Gladys

**Date Approved:** September 2001

**Degrees:** BA (Psychology), MSW

**Address:**

Office  
Suite 330 - 2445 - 13<sup>th</sup> Avenue  
Regina, SK S4P 0W1

**Mailing Address**

Suite 330 - 2445 - 13<sup>th</sup> Avenue  
Regina, SK S4P 0W1  
Phone: (306) 347-9967  
Email: gladys.behnsen@sasktel.net

**Principal Services:**

- ▼ counseling
- ▼ psychotherapy

**Services Offered To:**

- ▼ individuals
- ▼ couples
- ▼ groups

**Age Group Served:**

- ▼ adults

**Additional Training:**

- ▼ Somatic Experiencing (Advanced Level)/Certified Somatic Experiencing Practitioner
- ▼ Redecision Therapy
- ▼ Transactional Analysis
- ▼ Gestalt Therapy
- ▼ Bio-energetics
- ▼ Eye Movement Desensitization Reprocessing Therapy (EMDR) - Levels 1 & 2
- ▼ Hypnotherapy & Ego State Therapy (advanced)
- ▼ Basic Critical Incident Stress Debriefing
- ▼ Mediation Training
- ▼ Neuro Linguistic Programming (practitioner)
- ▼ Cross cultural healing practices

**Description of Practice:**

- ▼ counselling
- ▼ psychotherapy

**Language:** English

## BZDEL, Helen

**Date Approved:** September 2009

**Degrees:** BA, BSW

### **Address:**

A Life's Journey Counselling Services  
308-1, 165 - 3<sup>rd</sup> Avenue, South  
Saskatoon, SK S7K 1L8  
Phone: (306) 222-0563 Fax: (306) 649-4080  
Email: [alifesjourneycounselling@sasktel.net](mailto:alifesjourneycounselling@sasktel.net)  
Website: [www.alifesjourneycounselling.com](http://www.alifesjourneycounselling.com)

### **Principal Services:**

- ▼ individual therapy
- ▼ group work (on occasion)
- ▼ crisis counseling
- ▼ anger management
- ▼ stress reduction/management
- ▼ counselling anxiety & mood disorders
- ▼ critical incident stress consultation & debriefing
- ▼ family of origin
- ▼ goal setting
- ▼ self care teaching

### **Services Offered To:**

- ▼ individuals
- ▼ groups (on occasion)

### **Age Group Served:**

- ▼ adults
- ▼ adolescents
- ▼ children

### **Additional Training:**

- ▼ Critical Incident Stress Management
- ▼ Choice Theory, Reality Therapy & Lead Management

### **Description of Practice:**

Clinical counselling. Use of numerous therapeutic modalities. Weekend counseling hours & some evenings. Assisting you on your journey of discovery through life; enhancing your inner strength & achieving your greatest potential.

### **Other Comments:**

- ▼ First Nations & Inuit Health Branch approved mental health therapist

**Language:** English

## CAMERON, Charlene

**Date Approved:** February 2000

**Degrees:** BA, BSW, MA

### **Address:**

Box 1072  
Prince Albert, SK S6V 5S6  
Phone: (306) 961-8605  
Fax: (306) 764-1264

### **Principal Services:**

- ▼ clinical
- ▼ organizational consultation
- ▼ EFAP
- ▼ First Nations issues
- ▼ relationships
- ▼ trauma/PTSD
- ▼ addictions (assessment/recovery/relapse prevention)
- ▼ professional & life coaching

### **Services Offered To:**

- ▼ individual
- ▼ group
- ▼ couples
- ▼ organizations

### **Age Group Served:**

- ▼ adult

### **Additional Training**

- ▼ Relapse Prevention
- ▼ Critical Incident Debriefing (Advanced)
- ▼ Eye Movement Desensitization & Reprocessing
- ▼ Certified Life Coach

### **Description of Practice:**

- ▼ clinical counselling
- ▼ assessment/referral
- ▼ consultant
- ▼ coach

### **Other Comments:**

- ▼ FNIHB approved therapist

**Language:** English

## CASAVANT, Cynthia

**Date Approved:** January 2005

**Degrees:** BSW, MSW

**Address:**

Casavant Consulting & Counselling  
Weyburn, SK S4H 2J9  
Phone: (306) 842-3711 OR 891-6089

**Principal Services:**

- ▼ clinical child & youth services
- ▼ behavioral assessments
- ▼ intervention strategies
- ▼ individual & family counseling
- ▼ advocacy
- ▼ parental education & support

**Services Offered To:**

- ▼ individual
- ▼ family
- ▼ organizations

**Age Group Served:**

- ▼ children
- ▼ adolescent
- ▼ adults

**Description of Practice:**

A registered social worker since 1995. Willing to provide counseling privately as well as to subsidized plans. Education and experience specializing in services for children, youth and their families.

**Language:** English

## COATES, Dennis

**Date Approved:** September 1998

**Degrees:** BA, MED (Psych), BSW  
Registered Psychologist

**Address:**

1118 College Drive  
Saskatoon, SK S7N 0W2  
Phone: (306) 664-0000  
Fax: (306) 664-0037

**Principal Services:**

- ▼ clinical
- ▼ phobias
- ▼ dependencies
- ▼ trauma
- ▼ marital therapy
- ▼ depression
- ▼ stress management

**Services Offered To:**

- ▼ individual
- ▼ family
- ▼ group

**Age Group Served:**

- ▼ adolescent
- ▼ adults

**Additional Training**

- ▼ Certified Addictions Counsellor II
- ▼ Advanced RET
- ▼ Heimler Method Human Social Functioning
- ▼ Eye Movement Desensitization & Repressing Level II
- ▼ Substance Abuse Subtle Screening Inventory Level II

**Description of Practice:**

In private practice since 1980 serving Employee & Family Assistance Programs and fee for service clients. Office is in a group practice of psychological counsellors and social workers. Office setting is in a converted residence with eight offices and group room in a medical/residential district. See website: [www.peopleproblems.ca](http://www.peopleproblems.ca)

**Language:** English

## CRONE, Rita

**Date Approved:** February 2000

**Degrees:** BSW

**Address:**

Connections Counseling & Consulting Services  
517 Main Street  
Box 3640  
Humboldt, SK  
Phone: (306) 682-6760 Fax: (306) 682-6762  
Email: [connect@sasktel.net](mailto:connect@sasktel.net)  
Website: [www.vitalityconnection.ca](http://www.vitalityconnection.ca)

**Principal Services:**

- ▼ individual, family & couples counseling
- ▼ EFAP service provider
- ▼ stress & wellness training seminars/workshops
- ▼ personal wellness coaching

**Services Offered To:**

- ▼ adults, children, adolescents
- ▼ families
- ▼ couples
- ▼ businesses
- ▼ community groups/organizations

**Age Group Served:**

- ▼ children
- ▼ adolescent
- ▼ adults

**Additional Training:**

- ▼ Certified Stress & Wellness coach (SWC); Canadian Institute of Stress
- ▼ Thought field therapy (IFT)

**Description of Practice:**

- General counseling practice with flexible evening hours.
- Approved EFAP service providers.
- Speaker Trainer: providing workshops and seminars on Stress & Wellness (personal & work-place).

**Language:** English

## DUPUIS, Patricia

**Date Approved:** September 2001

**Degrees:** BSW, MSW

**Address:**

1392 - 99<sup>th</sup> Street  
North Battleford, SK S9A 0P8  
Phone: (306) 445-1584  
Fax: (306) 445-1375

**Principal Services:**

- ▼ depression
- ▼ stress/anxiety
- ▼ separation & divorce
- ▼ inner child
- ▼ self-esteem
- ▼ eating & food issues
- ▼ parent/child conflict
- ▼ sexual orientation
- ▼ step parenting & blended family counselling
- ▼ trauma (medical, dental, sexual & high impact)
- ▼ grief & loss
- ▼ couples counselling
- ▼ unresolved childhood issues
- ▼ violence & abuse
- ▼ family of origin
- ▼ body image
- ▼ life transitions
- ▼ workplace stress

**Services Offered To:**

- ▼ individual
- ▼ group
- ▼ couples
- ▼ agency consultation

**Age Group Served:**

- ▼ children/adolescents
- ▼ adults
- ▼ older adults

**Description of Practice:**

Solo practitioner, providing a general counselling and consulting practice. Ms. Dupuis is certified in self-regulation therapy, having attained her training from the Canadian Foundation of Trauma, Research, and Education (CFTRE). Self Regulation Therapy is the framework Ms. Dupuis utilizes in the delivery of counseling services.

**Other Comments:**

- ▼ MSB approved therapist
- ▼ EFAP provider
- ▼ provide self regulation therapy

**Language:** English & French

## FRYKLUND, Susan

**Date Approved:** June 2009

**Degrees:** BSW, MSW

**Address:**  
1032 Henry Street  
Moose Jaw, SK S6H 3H4  
Phone: (306) 631-6139 (cell)  
Fax: (306) 693-2985  
Email: [sfry@sasktel.net](mailto:sfry@sasktel.net)

### Principal Services:

- ▼ stress/traumatic stress/PTSD
- ▼ trauma
- ▼ grief/loss
- ▼ anxiety/depression
- ▼ critical incident stress/debriefing/consultation
- ▼ relationship issues
- ▼ parenting education
- ▼ work place stress
- ▼ chronic pain

### Services Offered To:

- ▼ adults
- ▼ adolescents
- ▼ couples
- ▼ groups

### Aged Group Served:

- ▼ adults
- ▼ adolescents

### Additional Training:

- ▼ Trauma renegotiation
- ▼ Redecision Therapy
- ▼ Transactional Analysis
- ▼ Somatic Experiencing Practitioner
- ▼ Cognitive Behavioral Therapy
- ▼ CISM, Basic, Advanced & Peer Training

### Description of Practice:

General practice of counselling and psychotherapy with special interest and specialized training in trauma renegotiation. Use combination of cognitive, behavioral and body based therapies. Flexible evenings and weekend appointments available. Approved session provider for some EAP/ERAP.

**Language:** English

## HALABUZA, Donald

**Date Approved:** September 2000

**Degrees:** BA, BSW, MSW, PhD

**Address:**  
73 Portland Crescent  
Regina, SK S4N 1Y2  
Phone: 789-4336

### Principal Services:

- ▼ individual & family counselling
- ▼ family, work-place, & human rights mediation
- ▼ custody/access assessments

### Services Offered To:

- ▼ individuals
- ▼ couples
- ▼ families
- ▼ groups
- ▼ children

### Age Group Served:

- ▼ children/families
- ▼ adults
- ▼ seniors

### Additional Training:

- ▼ family & individual counselling
- ▼ mediation
- ▼ CISM

### Description of Practice:

General practice with specialization in the areas pertaining to separation, divorce and traumatic issues.

**HARDER, Doug**

**Date Approved:** January 1998

**Degrees:** BSW

**Address:**

Box 31  
Kinley, SK S0K 2E0  
Phone: 291-5388

**Principal Services:**

- ▼ consultation

**Service Offered To:**

- ▼ First Nations communities

**Additional Training**

- ▼ suicide intervention
- ▼ administration of Substance Abuse Subtle Screening Inventory

**Description of Practice:**

Consultation

**Language:** English

**ISH, Bonnie**

**Date Approved:** May 1998

**Degrees:** MSW

**Address:**

Professional Counselling & Mediation  
#4 - 505 - 23<sup>rd</sup> Street, East  
Saskatoon, SK S7K 4H7  
Phone:(306) 652-2786 (h) OR (306) 934-5898 (w)  
Fax: (306) 934-5812

**Principal Services:**

- ▼ addictions
- ▼ depression
- ▼ marital therapy
- ▼ mediation
- ▼ stress management
- ▼ harassment investigations

**Services Offered To:**

- ▼ individual
- ▼ family

**Age Group Served:**

- ▼ adolescent
- ▼ adult

**Additional Training**

- ▼ Mediation
- ▼ CISD
- ▼ EMDR

**Language:** English

## JENSEN, Karen

**Date Approved:** February 2007

**Degrees:** Standard "A" Teaching Certificate, BSW

**Address:**

2305(A) Osler Street  
Regina, SK S4P 1X2  
Phone: (306) 761-2097/737-0969  
Email: [k.jensen1@sasktel.net](mailto:k.jensen1@sasktel.net)

**Principal Services:**

- ▼ addictions
- ▼ eating disorders
- ▼ grief and loss
- ▼ adjustment counseling
- ▼ depression/anxiety
- ▼ stress management
- ▼ women's issues
- ▼ spousal abuse
- ▼ chronic pain
- ▼ myofascial release
- ▼ codependency
- ▼ stroke recovery
- ▼ brain injury
- ▼ trauma

**Services Offered To:**

- ▼ adolescents
- ▼ adults/seniors
- ▼ families
- ▼ groups
- ▼ organizations

**Age Group Served:**

- ▼ adolescent - seniors

**Additional Training:**

- ▼ Reality Therapy Certified
- ▼ Re-decision Therapy
- ▼ Interpersonal skills training (Pairs)
- ▼ Myofascial Release Training
- ▼ Pranic Healing
- ▼ Addiction/Codependency Training
- ▼ Relaxation/Stress Management
- ▼ Advanced skills course TA, Gestalt, Carkhuff
- ▼ Rational Emotive Therapy
- ▼ Imagery in Healing
- ▼ Living With Stroke
- ▼ Reiki
- ▼ Anxiety/Depression

**Description of Practice:**

Generalized counseling practice. Use of numerous therapeutic modalities with individuals, families, and groups.

**Language:** English

## KANE, Colleen

**Date Approved:** May 2006

**Degrees:** MSW

**Address:**

#201 – 2631 – 28<sup>th</sup> Avenue  
Regina, SK  
S4S 6X3  
Phone: (306) 522-1800

**Principal Services:**

- ▼ depression
- ▼ relationship issues
- ▼ stress management
- ▼ grief
- ▼ coping with anxiety
- ▼ marital counseling

**Services Offered To:**

- ▼ individuals
- ▼ families
- ▼ couples

**Age Group Served:**

- ▼ children 6 years and up
- ▼ adolescents
- ▼ adults

**Description of Practice:**

General counseling practice with flexible evening and Saturday hours.

**Language:** English

## KUCKARTZ, Rick

**Date Approved:** March 1999

**Degrees:** BA, BSW, MSW

**Address:**

5 Neilson Crescent  
Saskatoon, SK S7H 3N4  
Phone: (306) 373-4986 (h) OR (306) 665-6242 (w)  
Cell: 229-6096  
Email: [rkuckartz@shaw.ca](mailto:rkuckartz@shaw.ca)  
Fax: (306) 373-4914

**Principal Services:**

- ▼ clinical: personal, relationship issues, trauma, bereavement & loss, addictions assessment & recovery, critical stress debriefing, depression & anxiety
- ▼ child custody & access assessments
- ▼ group facilitation
- ▼ work-place conflict assessment/intervention

**Services Offered To:**

- ▼ adolescent      ▼ adults
- ▼ groups            ▼ work-place groups & organizations

**Age Group Served:**

- ▼ adolescent
- ▼ adult

**Additional Training:**

- ▼ Reality Therapy certified
- ▼ Critical Stress Debriefing
- ▼ Substance Abuse Subtle Screening Inventory (SASSI)
- ▼ True Colors Certified/Personality Dimensions Certified
- ▼ Mediation training (Level 1)
- ▼ Advanced topic in child custody
- ▼ Self Regulation Therapy - Foundation Level

**Description of Practice:**

General counselling practice with special interest in addictions recovery, relationship difficulties, loss & change, critical incident debriefing, work/family stress. Facilitating workshops on "Managing Change", "Dealing with Stress", & "True Colors". Work-place conflict assessment/intervention, harassment investigations.

**Language:** English

## LUPICHUK, Connie

**Date Approved:** April 2008

**Degrees:** CSW, BSW, MSW

**Address:**

215 Avenue G, North  
Saskatoon, SK S7L 1Y9  
Phone: (306) 281-7756  
Fax: (306) 651-2609  
Email: [connie@3ccounselling.com](mailto:connie@3ccounselling.com)

**Principal Services:**

- ▼ mood disorders & anxiety disorders
- ▼ work-place stress
- ▼ crisis intervention
- ▼ parent/child conflict & anger management
- ▼ parenting support
- ▼ traumas & attachment disorders
- ▼ organizational reviews
- ▼ strategic planning & consulting
- ▼ staff training/workshops

**Services Offered To:**

- ▼ youth, adults & families
- ▼ agencies & organizations
- ▼ community groups

**Description of Practice:**

- ▼ First Nations & Inuit Health Approved
- ▼ individual & family counseling practice with flexible hours
- ▼ cognitive behavioral therapy, family centred & solution focused
- ▼ provider of training, consultation & workshops
- ▼ extensive experience working with marginalized, family violence and traumatized individuals

**Language:** English

## MCNAUGHTON, Margaret

**Date Approved:** February 2000

**Degrees:** RPN, BSW

**Address:**

2900 Queen Street  
Regina, Saskatchewan  
S4S 2E4  
Phone: (306) 586-1724  
Fax: (306) 586-1728

**Principal Services:**

- ▼ individual counselling
- ▼ couple counselling
- ▼ hypnosis
- ▼ assertiveness & self esteem training

**Services Offered To:**

- ▼ adults
- ▼ teens
- ▼ couples
- ▼ Employee/Family Assistance Programs
- ▼ parents needing skills in working with children

**Age Group Served:**

- ▼ children & adolescents
- ▼ adults & seniors

**Additional Training:**

- ▼ hypnosis for habit control (smoking, weight, etc.)
- ▼ counselling

**Description of Practice:**

General counselling practice. Vast experience in the area of mental health & differential diagnosis. Special interest in relationship issues, separation, divorce and loss. Assertive and self-esteem training.

**Other Comments:**

Because of nursing background, has knowledge of medications and the impact of physical problems on emotional health & well-being. Has extensive knowledge of the DSM IV.

**English:** English

## NEDDOW, Joanne

**Date Approved:** February 1998

**Degrees:** BSW

**Address:**

Box 358  
Moosomin, SK S0G 3N0  
Phone: (306) 435-3125  
Email: j.neddow@sasktel.net

**Principal Services:**

- ▼ depression
- ▼ family violence
- ▼ grief
- ▼ inner child
- ▼ fear
- ▼ palliative care
- ▼ chronic illness
- ▼ stress management
- ▼ spirit & soul in healing

**Services Offered To:**

- ▼ individual
- ▼ organizations
- ▼ family
- ▼ agencies
- ▼ group

**Age Group Served:**

- ▼ adolescents
- ▼ adults
- ▼ older adults

**Description of Practice:**

A holistic perspective directed towards touching the deepest power of the individual or collective. Release of those obstacles which prevent the inner spirit from realization of full potential.

**Other Comments:**

Author of Spirit & Soul for Children, Spirit & Soul for Adults, Spirit & Soul at Work – A universal approach to inclusion of spirit and soul in healing, daily life, and identity.

**Language:** English

## OTTENBREIT, Martha

**Date Approved:** April 1998

**Degrees:** BSW, MSW

**Address:**

Suite J - 2835 – 13<sup>th</sup> Avenue  
Regina, SK S4T 1N6  
Phone: (306) 569-0888  
Email: [r.m.ottenbreit@sasktel.net](mailto:r.m.ottenbreit@sasktel.net)

**Principal Services:**

- ▼ relationship/marital issues
- ▼ coping with anxiety
- ▼ separation/divorce
- ▼ loss/grief
- ▼ parenting
- ▼ palliative counselling
- ▼ decision-making/transitions
- ▼ crisis intervention/stress debriefing
- ▼ fertility challenges
- ▼ managing stress (home/work)
- ▼ blended families
- ▼ family issues
- ▼ coping with illness
- ▼ personal growth

**Services Offered To:**

- ▼ individuals
- ▼ groups

**Age Group Served:**

- ▼ adults
- ▼ families
- ▼ teens

**Additional Training**

Training at the Universities of Calgary, Saskatchewan, and Regina focused on clinical social work, theology & psychology.

MSW study and counselling experience:

- ▼ neurobiology of emotions
- ▼ focusing
- ▼ attachment theory
- ▼ pastoral counselling (including CPE)
- ▼ emotional focused therapy
- ▼ pragmatic experiential therapy for couples
- ▼ social environment dynamics analysis & impact on emotions

**Description of Practice:**

Assisting clients to understand their emotions facilitates functional decision-making & healthy responses to life's challenges. Ms. Ottenbreit has excellent analytical abilities that help target points for effective intervention. Clients receive a compassionate, caring, skilled service.

**Language:** English, Slovenian

## RAUSER, Marla L.

**Date Approved:** September 1992

**Degrees:** BA (Honours), BSW

**Address:**

Box 324  
Lloydminster, SK S9V 0Y2  
Phone: (306) 821-0377  
Email: [rlmptl@bellevista.ca](mailto:rlmptl@bellevista.ca)

**Principal Services**

- ▼ family counselling
- ▼ groups
- ▼ home studies

**Services Offered To:**

- ▼ families
- ▼ couples
- ▼ individuals
- ▼ groups

**Age Group Served:**

- ▼ child
- ▼ adolescent
- ▼ adult

**Description of Practice:**

- ▼ will meet with people in their homes
- ▼ christian counselling available upon request
- ▼ group work (anger, stress, trauma, couples)
- ▼ sensory support group
- ▼ IP for home studies in SK/AB

**Other Comments:**

- sliding scale for fees available
- svenings & some weekend appointments available
- employee Assistance Programs accepted

**Language:** English

## RISLING, Ed

**Date Approved:** May 1998

**Degrees:** RPN, BSW

**Address:**

910 Queen Street  
Saskatoon, SK S7K 0N2  
Phone: (306) 652-3215 (h) OR (306) 669-6242 (w)  
Fax: (306) 664-8589

**Principal Services:**

- ▼ depression
- ▼ family violence
- ▼ grief
- ▼ marital therapy
- ▼ phobias
- ▼ organizational review
- ▼ strategic planning
- ▼ stress management
- ▼ body based psychotherapy
- ▼ counselling for sexual dysfunction

**Services Offered To:**

- ▼ individual
- ▼ family
- ▼ group

**Age Group Served**

- ▼ adolescents
- ▼ adult
- ▼ older adult

**Additional Training**

- ▼ Eye Movement Desensitization & Reprocessing Level II (EMDR)
- ▼ Thought Field Therapy (IFT)
- ▼ Self regulation therapy

**Language:** English

## RISLING, Glenda

**Date Approved:** March 2003

**Degrees:** BA, BSW, MSW

**Address:**

A Better Way Professional Counselling Services  
910 Queen Street  
Saskatoon, SK S7K 0N2  
Phone: (306) 664-2409 Fax: (306) 664-2410  
Email: grisling@sasktel.net

**Principal Services:**

- ▼ trauma therapy
- ▼ individuals & families dealing with cancer
- ▼ managing an acquired brain injury
- ▼ relationship counselling
- ▼ stress management
- ▼ treatment of anxiety & depression
- ▼ grief counseling
- ▼ coping with transition (e.g. - retirement, caring for parents)

**Services Offered To:**

- ▼ individual
- ▼ couples
- ▼ families
- ▼ organizations

**Age Group Served:**

- ▼ adolescents
- ▼ adults

**Additional Training:**

- ▼ EMDR
- ▼ Self Regulation Therapy
- ▼ Redecision Therapy
- ▼ Integrative Body Psychotherapy - body/mind focused
- ▼ Self Regulation Therapy (Advanced)
- ▼ CISM
- ▼ MSB approved

**Description of Practice:**

Generalized practice of psychotherapy and counseling. Use of numerous therapy modalities with individual, couples, and groups.

**Language:** English

## ROBSON, Irma L.

**Date Approved:** October 2007

**Degrees:** BA, BSW, MSW

**Address:**

#308-3-165- 3<sup>rd</sup> Avenue, South  
Saskatoon, SK S7K 1L8  
Phone: (306) 280-1950  
Fax: (866) 676-8583  
Email: [irma.robson@gmail.com](mailto:irma.robson@gmail.com)

**Principal Services:**

- ▼ individual/relationship/family counselling
- ▼ Equine Assisted Therapy
- ▼ group facilitation
- ▼ decision-making/transitions counselling
- ▼ grief and loss
- ▼ trauma
- ▼ work stress
- ▼ conflict resolution
- ▼ parenting education

**Services Offered To:**

- ▼ adults, children & families
- ▼ individual & group counselling

**Age Group Served :**

- ▼ children & adolescents
- ▼ adults
- ▼ seniors

**Additional Training:**

- ▼ Self Regulation Therapy (Post-Advanced)
- ▼ Myers-Briggs Type Indicator - Step II (MBTI)

**Description of Practice:**

General counselling practice with flexible evening hours.  
Speaker/trainer providing workshops on practitioner self care, preferred counselling modality: Self Regulation Therapy.

**Other Comments:**

- ▼ Approved by some Employee & Family Assistance Programs
- ▼ First Nations & Inuit Health Branch Approved Therapist

**Language:** English

## RODGERS, Jill

**Date Approved:** November 2001

**Degrees:** BSW, MSW

**Address:**

Clifton Court - Lower Level  
2330 - 15<sup>th</sup> Avenue  
Regina, SK S4P 1A2  
Phone: (306) 525-1999  
Fax: (306) 584-7109  
Email: [jrodgers@accesscomm.ca](mailto:jrodgers@accesscomm.ca)

**Principal Services:**

- ▼ individual counselling regarding coping with stress, anxiety, depression, grief

**Services Offered To:**

- ▼ individual
- ▼ couple

**Age Group Served:**

- ▼ adolescents
- ▼ adults

**Language:** English

## SEIDLIKOWSKI YURACH, Wanda

**Date Approved:** January 2010

**Degrees:** BA (Adv.), BSW, MSW

**Address:**

3366 Eagle Crescent  
Prince Albert, SK S6V 7S7  
Phone: (306) 961-9155  
Fax: (306) 922-5216  
Email: [kw.yurach@shaw.ca](mailto:kw.yurach@shaw.ca)

**Principal Services:**

- ▼ individual/relationship/ family counseling
- ▼ grief & loss
- ▼ group facilitation
- ▼ parenting education
- ▼ play therapy
- ▼ depression/anxiety

**Services Ordered To:**

- ▼ individual
- ▼ couple
- ▼ family
- ▼ groups

**Age Group Served:**

- ▼ children
- ▼ adolescents
- ▼ adult

**Additional Training:**

- ▼ grief recovery specialist

**Description of Practice:**

General counselling practice.

**Other Comments:**

- ▼ First Nations & Inuit Health Branch approved therapist

**Language:** English

## STEVENSON, Donald

**Date Approved:** February 1998

**Degrees:** BA , M.Th., MSW

**Address:**

2207 Oddie Street  
Regina, SK S4V 1J2  
Phone: (306) 789-8753 (h) OR (306) 787-7567 (w)  
Fax: (306) 787-1446  
Email (h): [dsbbmagic@sasktel.net](mailto:dsbbmagic@sasktel.net)  
Email (w): [don.stevenson@gov.sk.ca](mailto:don.stevenson@gov.sk.ca)

**Principal Services:**

- ▼ adult depression/bereavement
- ▼ phobias
- ▼ seminar facilitation on stress management, balancing work & family, improving workplace relationships, and the non-financial aspects of retirement planning
- ▼ critical incident debriefing
- ▼ workplace conflict resolution

**Services Offered To:**

- ▼ individuals
- ▼ groups
- ▼ organizations

**Age Group Served:**

- ▼ adults

**Additional Training**

- ▼ Critical Incident Debriefing
- ▼ Mediation (workplace conflict resolution)
- ▼ Neuro-Linguistic Programming (NLP)
- ▼ MBT I

**Description of Practice**

- ▼ clinical counselling
- ▼ assessment/referral
- ▼ seminar facilitation

**Language:** English

## THATCHER, Richard

**Date Approved:** September 1998

**Degrees:** BA, MA, PHD

**Address:**

5 Maple Street  
Craven, SK S0E 0W0  
Phone: (306) 731-3819 (h)  
(306) 731-3819 OR (306) 536-3408 (w)  
Fax: (306) 731-2283

**Principal Services:**

- ▼ dependencies: prevention/intervention
- ▼ organizational reviews
- ▼ strategic planning
- ▼ social program design
- ▼ program evaluation: community health services & social services

**Services Offered To:**

- ▼ groups
- ▼ organizations

**Age Group Served**

- ▼ children
- ▼ adolescents
- ▼ adults
- ▼ older adults

**Additional Training**

- ▼ Clinical Sociology: Community and Organization Development

**Description of Practice:**

- ▼ training
- ▼ program design & evaluation
- ▼ community & organizational development

**Language:** English

## WERNIKOWSKI, Stephen

**Date Approved:** May 1998

**Degrees:** BA, BSW, MSW

**Address:**

3835(C) – 13<sup>th</sup> Avenue  
Regina, SK S4T 1N6  
Phone: (306) 525-5575 (w)  
Email: swcounselling@sasktel.net

**Principal Services:**

- ▼ individual, marital & family therapy
- ▼ employee assistance counselling
- ▼ family relations & divorce mediation
- ▼ critical incident stress consultation, and debriefing
- ▼ organizational consultation/training
- ▼ workplace mediation
- ▼ recovery from addictions
- ▼ trauma, loss, and grief work

**Services Offered To:**

- ▼ individual
- ▼ couples
- ▼ family
- ▼ organizations

**Age Group Served:**

- ▼ children
- ▼ adolescents
- ▼ adults
- ▼ older adults

**Additional Training**

- ▼ Certified Marriage & Family Therapy
- ▼ Certified Family Relations Mediator
- ▼ Critical Incident Stress

**Description of Practice:**

Provides comprehensive therapy, mediation services, and consultation which are solidly professional, solution focused, and compassionate. Believe that women and men possess the inner strengths and answers to break through to solutions, to achieve personal balance & health, and to find satisfaction and joy in their life, relationships & work.

**Language:** English

# YAROSHKO, Della

**Date Approved:** January 2001

**Degrees:** BA, BSW, MSW

**Address:**

Prairie Therapists & Trainers  
617 Main Street  
Saskatoon, SK S7H 0J8  
Phone: (306) 665-6242  
Fax: (306) 664-8589  
Email: dyaroshko@sasktel.net

**Principal Services:**

- ▼ depression & mood disorders
- ▼ complex family issues
- ▼ anger & stress management
- ▼ childhood abuse
- ▼ past trauma
- ▼ work with violent offenders
- ▼ couple therapy
- ▼ work with clients incorporating cognitive & behavior therapies with bodywork

**Services Offered To:**

- ▼ individual
- ▼ family
- ▼ couple

**Age Group Served:**

- ▼ adults
- ▼ adolescents
- ▼ elderly

**Additional Training:**

- ▼ certified somatic experiencing practitioner

**Language:** English





